Mothers' UNION
Christian care for families
In the Diocese of Sheffield
www.sheffieldmu.co.uk Reg Charity No. 1063619

23.10.2026
Hello Everyone
The year seems to be galloping by! British Summer Time ends this weekend when our clocks revert to GMT (Greenwich Mean Time) giving us darker evenings. It is a time when we can either feel depressed about the dark nights or embrace the dark by making our homes feel cosy and welcoming using lamps and having lovely things to looks at. By this, I don't mean going out and buying things, but using what we have already, perhaps re arranging things so that some of the objects tucked away, in rooms not in everyday use, are brought into living areas bringing joy to the day.



The Scandanavians have Hygge (pronounced hoo-gah) a word which describes a mood of cozy comfort, safely and warm conviviality that fosters a feeling of well-being and contentment. It is thought to be an atmosphere and an attitude, rather that just a physical object. So…..if we can foster this in our homes by "tweeking" what we already have winter will arrive and be a time of joy rather than something to endure until Spring.

The cash from Elaines Pennies has now been banked and changed into notes, so is ready for buying the dressing gowns for the Women's Refuge Christmas Gifts.
I was asked this week (by a friend) if there was anything she could give as a Christmas gift and mentioned toiletries, toys and wrapping paper.

Margaret was at a meeting recently when it was asked if anyone had any ideas for decorating the MU Christmas Tree in Sheffield Cathedral, so that it reflected the

celebrations we have had this year for our 150th Anniversary. Several ideas were put forward from our branch and we put these to the Deanery Meeting which Margaret and I attended last Friday. Pat Simpson said that they (Bessacarr) _ would produce things and so I have spoken to the lady who asked for the ideas, who loved what we have suggested and so we are on the right track, and can now go ahead with a production line. Hopefully there will be pictures next week.

Our next meeting is our AGM, which will be on Tuesday 19th November at 2pm. The Minutes of last years meeting are posted on the MU notice board in church, so please read them, before the meeting, if you can.

Last Sunday was Anti-Slavery Day.
Lord Jesus Christ, we join with others worldwide to ask for Your guidance and grace. Help us to notice people who are unseen, especially caught in modern slavery. Bless all working to bring freedom and justice.
God of peace, many live without Your peace, especially women and children fearing violence at home. Grant protection and wisdom to people who support and safeguard them Amen.

Love to everyone from Helen on behalf of the committee
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